



Rtn. Francesco Arezzo
RI President

Rtn. K Palaksha
District Governor

Rtn. Amit Aravind
Assistant Governor

Rtn. Smitha Kamath
Zonal Lieutenant

Rtn. Shashikala Rajavarma
Club President

Rtn. Vanishree Rao
Club Secretary

Rtn. Rathnakar Udyavar
Club Treasurer

Rtn. Divyashree M S
Rtn. Sajani Shirali
Concord Editors

Avenue Directors

Rtn. Dr Shubha H S
Club Service

Rtn. Nagaraj Shetty
Vocational Service

Rtn. B Karunakar
Shetty

Community Service

Rtn. Subhas Bangera
International Service

Rtn. Rtn. Dr Girija A
New Generation Service

District Projects

Clean Environment for Good Health
Awareness to Road Safety
Education with Legal Awareness
Go Green and Save Water

THE 4-WAY TEST

Of the things we think, say or do
- Is it the TRUTH ?
- Is it FAIR to all concerned ?
- Will it build GOODWILL and BETTER FRIENDSHIPS ?
- Will it be BENEFICIAL to all concerned ?

Rotary Club Manipal :

Joint Meeting with RC Aisiri Parkala & RC Katapady

Date: 17.03.2026

Theme: Panchatara Hasiru Mane

Speaker: Mr Narayana Shenoy,

Meeting Coordinator: Zonal Lieutenant Rtn Smitha Kamath

Venue: Rotary Hall, Manipal, **No. of Participants:** 55



Overview

The joint meeting on 17 March 2026 brought together three Rotary clubs to focus on environmental sustainability under the theme of Water, Sanitation, and Hygiene. Through an insightful talk on eco-friendly practices and active participation from Rotary leaders, the meeting emphasized collective responsibility towards conservation. Overall, it was a well-coordinated and impactful event showcasing unity, collaboration, and commitment to sustainable living.

A joint meeting of the Rotary Club Manipal, Rotary Club Aisiri Parkala, and Rotary Club Katapady was held on 17 March 2026 at Rotary Hall, Manipal, in observance of Rotary's theme for March—Water, Sanitation, and Hygiene. The meeting was effectively coordinated and hosted by Zonal Lieutenant Rtn. Smitha Kamath, bringing together members from all three clubs in a spirit of collaboration and service.

The programme commenced with President Rtn. Shashikala Rajavarma calling the meeting to order and extending a warm welcome to the gathering. The Thought for the Day was presented by Rtn. Sunil Kumar, who reflected on global conflicts and their wider impact. Rtn. Smitha Kamath highlighted the purpose of the joint meeting, appreciating the unique strengths and service contributions of the three clubs.



The guest speaker, Mr. Narayan Shenoy, Professor of Geology at MIT Manipal and former President of RC Manipal, delivered an insightful talk on "Panchatara Hasiru Mane" (Five Elements for a Green Home).

He emphasized practical and sustainable approaches to environmental conservation, including water conservation and harvesting, reducing plastic usage, adopting renewable energy, protecting biodiversity, and promoting organic gardening at the household level.

Additional perspectives were shared by ZLF Rtn. Ganesh A on minimizing water wastage and by Assistant Governor Rtn. Amit Aravind on integrating eco-friendly practices into daily life and professional activities. The event also featured the release of RC Parkala's weekly newsletter *Aishwarya*, documenting the joint meeting.



The guest speaker was felicitated by the dignitaries, and mementos were presented by the President. The meeting concluded with a vote of thanks by Rtn. Asha Kanchan, followed by announcements, the National Anthem, and a group photo. The event stood as a testament to unity, shared purpose, and Rotary's commitment to environmental sustainability.

Vocational Service



17.03.2026: Mr Narayan Shenoy, the Guest Speaker of the day, was felicitated for his services as Environmentalist by RC Manipal, RC Katapady & RC Aisiri Parkala in the Club Service Joint Meeting.

WATER
Grand Father saw it in River.
Father saw it in well.
We saw in Tap.
Our children saw it in Bottle.
Where will our Grand Children see it! In Capsule?
If we still neglect
It will be seen only in Tears.

Club Service



A step to conserve water is the step to secure the future.... A drop of water is worth more than a sack of gold for the thirsty man

New Generation Service



18.03.2026: Rotaract Club of Manipal presented a Blue tooth Mic & speaker system along with other essentials to Spandana Vocational & Rehabilitation center on 16 Mar. Rtn Col Madhav Shanbhag distributed fruits & Rtn Nagaraj Shetty presented two bags full of coconuts to the Rehabilitation centre.

New Generation Service ... (Cont'd)



21.03.2026: The 10th & last Shanivara Sambrama (No Bag Day) of the year was conducted at Sagrinole Higher Primary School jointly by RC Manipal & Craftsmantra. Rtn Dr Girija was the Resource Person and addressed the children on the importance of Gender Equality, with role play executed by President Rtn Shashikala Rajavarma & Rtn Renu Jayaram. Chief Guest Dr Ashok Kumar, Principal & Deputy Director for School Education Development, DIET Udupi explained Gender Equality with examples.

He appreciated the ongoing monthly program in the school & also presented an appreciation letter. Rtn Renu Jayaram, the project-in-charge was honored by the Sagri Nole School for successful execution of the program throughout the year. 10 Rotarians participated in the event.



GOVT HIGHER PRIMARY SCHOOL SAGRINOLE

Rotary Club Manipal

#CraftCARES

ಸಂಭ್ರಮ ಶನಿವಾರ
BAGLESS DAY

21-03-2026 Saturday 10am-12pm

VENUE-GHPS, SAGRINOLE, MANIPAL

Topic :Gender equality (ಲಿಂಗ ಸಮಾನತೆಗೆ ಪ್ರೋತ್ಸಾಹ)

RESOURCE PERSON :
RTN.DR.GIRIJA
GYNECOLOGIST & OBSTETRICIAN
SONIA CLINIC

CHIEF GUEST:
DR. ASHOKA KAMATH
PRINCIPAL AND DEPUTY DIRECTOR FOR
SCHOOL EDUCATION DEVELOPMENT
DIET,UDUPI

SPECIAL PRESENCE:

RTN.AMIT ARAVIND
ASSISTANT GOVERNOR, (2025-26)
ZONE 4, RID 3182

RTN.HEMANTH U.KANTH
ASSISTANT GOVERNOR, (2026-27)
ZONE 4, RID 3182

SHRI. VITTHAL NAYAK
PRESIDENT
NAMMURA GELEYARA BALAGA
SAGRI

SMT. ASHA KIRANA
BLOCK RESOURCE PERSON
BRAHMAYAR

SMT. DEEPA
PRESIDENT
SDMC, SAGRINOLE

Mrs KUSUMA B
Head Mistress, GHPS

Rtn.RENU JAYARAM
Founder, CRAFT MANTRA

Rtn.SHASHIKALA RAJAVARMA
President, Rotary Manipal

Rtn.VANISHREE
Secretary, Rotary Manipal

21-03-2026,
ಸಂಭ್ರಮ ಶನಿವಾರ ಶಿಶು ಶಿಕ್ಷಣದ ದಿನವಾಗಿ ಉದ್ಘಾಟನೆ
ಕೂಡಾ ಇಕ್ಕಲು ಕೂಡಾ ಡಾ. ಸಿಂಧು ಇವರಿಂದ ನಡೆಯಿತು
ಶೇಷಾ ಯಶವಿಲ ಪ್ರ ಎಜಿ ಪ್ರೋಜೆಕ್ಟ್ ಉತ್ತಮ
ಲಡಿಗಿಂದ ಪ್ರೋತ್ಸಾಹಕ್ಕೆ ಕೈಬಿಟ್ಟರು. ಇಂತಿ
ವಾಗಿ ಮಕ್ಕಳು ಶಿಕ್ಷಣದ ಮಹತ್ವವನ್ನು
ಒಳಗೊಳ್ಳುವಂತೆ ಕೊನೆಗೊಳಿಸಿ, ಹಾಗೂ ಉತ್ತಮವಾಗಿ
ಯೋಜನೆ ಮಾಡಿ ನಡೆಯಿಸಿ ಉಪನಂದನಗೊಳಿಸಿ.
ಮೊದಲ ಬಾರಿಗೆ ಮಕ್ಕಳು (ಸಂ.2) ಇಂಟ್ರೋಡುಕ್ಷನ್
ಪ್ರದರ್ಶನ ಮಾಡುವ ಈ ಶಿಶು ಶಿಕ್ಷಣದ ಮಹತ್ವವನ್ನು
ವಿವರಿಸುವ ಉಪನಂದನಕ್ಕೆ ಕೂಡಾ ನಡೆಯಿಸಿ
ಉತ್ತಮ ಶಿಕ್ಷಣ ಉತ್ತಮವಾಗಿ ಒದಗಿಸಿ ಉಪನಂದನಗೊಳಿಸಿ.

ಮಾನ್ಯವರಿಗೆ
ಮಾನ್ಯ ಉಪನಂದನ ಮಾಡಿ ಮಕ್ಕಳು
(ಮಕ್ಕಳು) ಕೂಡಾ 576102

ಮಾನ್ಯವರಿಗೆ
ಮಾನ್ಯ ಉಪನಂದನ ಮಾಡಿ ಮಕ್ಕಳು
(ಮಕ್ಕಳು) ಕೂಡಾ 576102

Pre PELS and Pre SELS - Valedictory Ceremony

Parichay 2026

(Meet and Greet the Zonal & District Leaders of Zone 4 : 2026-27)

Host: ROTARY CLUB MANIPAL TOWN

Date: Sunday, 22-03-2026 : Time: 6.00 pm to 8.00 pm

Venue: Amrith Garden (Mini Hall), Ambagilu, Udupi.



Zonal Co-ordinators:

- Rtn Nagaraj Shetty
- Rtn Shashikala Rajavarma
- Rtn Shripathi P
- Rtn Subhash Bangera

- Rtn Dr Pradeep S – **President Elect**
- Rtn Nausha Shetty – **Secretary Elect**

Congratulations Team 2026-27!

Team Sahyog:

- Rtn Venugopal J S
- Rtn Vanishree Rao

District Vice Chairman:

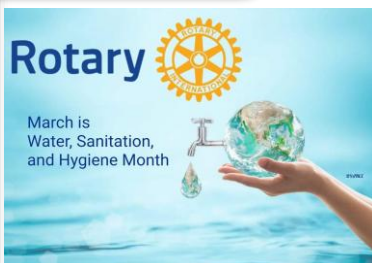
- Rtn Karunakar Shetty
- Rtn Geetha Kausik
- Rtn Rajavarma Ariga
- Rtn Renu Jayaram

District Chairman:

- Rtn Prashanth Hegde
- Rtn Jaivittal K S
- Rtn Amit Aravind
- Rtn Dr Girija A
- Rtn Dr Virupaksha D



Theme



Celebrations



22-Mar	John Aaron Fernandes s/o Rtn Vijay Fernandes	Birthday
22-Mar	Annette Manvi G d/o Rtn Dr Komal Smriti	Birthday
23-Mar	John Shreeraj s/o Rtn Nagaraja Tantry	Birthday

“Teamwork is the fuel that allows common people to achieve uncommon results.” — Andrew Carnegie